

# Boning Up On Osteoporosis



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## Boning Up On Osteoporosis

This highly informative session will provide the most current evidence for the prevention and treatment of Osteoporosis. It will intertwine medical and dental management throughout the presentation, allowing participants to gather both personal and professional insights.



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### OBJECTIVES:

1. Participants will be able to identify key risk factors for osteoporosis and fracture.
2. Participants will be able to discuss the evidence for nutrition and lifestyle in the prevention of osteoporosis.
3. Participants will be able to describe the evidence of safety and effectiveness for dietary supplements in the prevention of osteoporosis.